

Minors Working During the School Year

As kids are still in school, we would like to remind everyone of the child labor laws that exist in Massachusetts and Federally. **Please remember that all teens under the age of 18 must obtain a work permit from the school district where they go to school in order to work.**

There are also specific hours that teens are allowed to work:

	14- and 15-year-olds	16- and 17-year-olds
Hours teens can work between on school days	7am- 7pm (not during school)	6am -10pm on nights preceding a regular school day (not during school) (10:15 if an operator stops serving customers at 10pm)
Hours teens can work between on weekend/holiday	7am - 7pm (8-hour max)	No limitations for restaurants (9-hour max)
Total hours that can be worked during a school day	3 hours	9 hours per day
Total hours that can be worked during a week	18 hours	48 hours

All minors **must be directly supervised by an adult after 8pm.**

Additionally, it is also important to remember that there are some tasks that kids are not allowed to partake in, for example all minors cannot handle or serve alcoholic beverages, operate/clean a power-driven meat slicers, grinders or choppers and operate/clean power-driven bakery machines (exception for some countertop models and pizza dough rollers). There are further restrictions for minors under 16 that include, but are not limited to, cooking, operating fryolators, and baking. For more information please visit: [Massachusetts laws regulating minors' work hours | Mass.gov](#)